Your partner to develop leaders, teams, and culture

Do you lack the time to do it all?

We've been in your shoes. You're juggling a lot, with limited resources, AND you have big ambitions to develop your leaders, managers, culture and organization. But, off-the-shelf training isn't enough.

At Regroup, we're your partner in growth. Leveraging a decade of experience in developing teams and managers at Google, our founder and CEO has built Regroup with a vision to improve how leaders and teams work together

As Organization Development experts with big-tech L&D experience, we uncover your needs and create custom solutions that lead to real change.

Trusted by innovative companies, big and small













With Regroup you can



Assess Team Health

Our research-based, 360-degree team health assessment provides valuable insights into a team's dynamics.

Improve Team Dynamics

We facilitate changes that nurture psychological safety, clarity, and a sense of belonging. We ensure every every team member feels heard and included, building a sense of connection and team cohesion.

Strengthen Manager Community

Our workshops and group coaching provide a platform for managers to build connections and share insights.

Grow Leaders and Managers

We equip managers and leaders with practical tools that enable them to not only navigate their roles effectively, but to thrive in the challenges of modern leadership.

We offer

Team Development

- Team Health Assessment
- Team Coaching
- · Custom Team Offsites

Manager Development

- 1:1 Coaching
- Group Coaching
- · Custom Workshops/Summits

Executive Development

- · Executive Coaching
- · New Leader Onboarding
- · Leadership Team Retreats